SEC Form 4	
------------	--

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

P	OMB Number:	3235-0287									
	Estimated average bu	ırden									
	hours per response:	0.5									

I

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHA
Instruction 1(b).	Filed pursuant to Section

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHI

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> Selsavage Joseph Anthony					2. Issuer Name and Ticker or Trading Symbol 23 and Me Holding Co. [ME]										tionship all app Direc	,	ng Pe	rson(s) to Is 10% O	
(Last)	`	rst) (	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/20/2023								X	Office below	er (give title v) Interim (		below)	specify
349 OYSTER POINT BLVD					4. If Amendment, Date of Original Filed (Month/Day/Year)								<ol> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> </ol>						
	(Street) SOUTH SAN FRANCISCO CA 94080													X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)		tate) (	Zip)		Rule 10b5-1(c) Transaction Indication            Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	e I - Noi	n-Deriva	ative S	Secu	rities	Acq	juired,	Dis	posed of	, or Be	enefic	ially	Own	ed			
1. Title of Security (Instr. 3) Date (Month/Da				y/Year) if any		ution Date,		Transaction Dispose Code (Instr. 5)		Disposed	ies Acquired (A Of (D) (Instr. 3			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount (A) (D)		Price	Transa		action(s) 3 and 4)			(Instr. 4)
Class A Common Stock 11/20/2					/2023		F		6,208	D	\$ <mark>0</mark>	.91 1,316,054		16,054		D			
		Та									osed of, convertib				Ownee	d			
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		Transaction Code (Instr. 8)		of Deriv	r osed ) r. 3, 4	6. Date Expirati (Month/	on Da	te Amo ear) Secu Und Deri Secu		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		rice of ivative surity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date		Amount or Number of Shares						

Explanation of Responses:

**Remarks:** 

## /s/ Joseph Selsavage by Kathy 11/21/2023 Hibbs, attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.