FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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heck this box if no longer subject
Section 16. Form 4 or Form 5
bligations may continue. See
etruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* MONTGOMERY RICE VALERIE MD					2. Issuer Name and Ticker or Trading Symbol 23andMe Holding Co. [ME]										k all app Direc	tor	ng Per	10% O	wner
	(Fir NDME HC	LDING CO.	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/25/2022									belov	er (give title v)		Other (below)	specify
(Street) SOUTH FRANCI (City)	SCO CA		4080 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Da								6. Ind Line)	Form	f Joint/Grou filed by One filed by Mo on	e Repo	orting Pers	on
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired	, Dis	posed of	, or E	Bene	ficiall	y Own	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution		Date,		Transaction Disposed O Code (Instr. 5)		s Acquired (A) f (D) (Instr. 3, 4) or 4 and	5. Amo Securi Benefi Owned	ties cially I Following	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D)	or P	rice	Transa	action(s) . 3 and 4)			(111501.4)
Class A Common Stock 08/25/					022				A		57,755 ⁽¹⁾	A	.	\$0.00	00 113,018			D	
Class A Common Stock 08/25/20					.022				A		17,821 ⁽²⁾	A \$3.		3.03(3)	130,839			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Ecurity or Exercise (Month/Day/Year) if		if any	emed tion Date, n/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y		ate	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Se (In	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Ow For Dire or I (I) (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amor or Num of Shar	ber					

Explanation of Responses:

- 1. Restricted stock units, or RSUs, issued pursuant to the 23andMe Holding Co. Amended and Restated Outside Director Compensation Policy, all of which vest on the earlier of (a) the first anniversary of the grant date or (b) the date of the issuer's 2023 annual meeting of stockholders. Each RSU represents the contingent right to receive one share of Class A common stock of the issuer. The reporting person has elected to defer receipt of these shares until the end of service on the board of directors of 23 and Me Holding Company pursuant to the 23 and Me Holding Co. RSU Conversion and Deferral Program For Directors.
- 2. RSUs issued to the reporting person in lieu of cash retainer fees, at the election of the reporting person (the "RSU Election"), pursuant to the 23andMe Holding Co. Amended and Restated Outside Director Compensation Policy and the 23andMe Holding Co. RSU Conversion and Deferral Program For Directors. Each RSU represents the contingent right to receive one share of Class A common stock of the issuer and is fully vested. The reporting person has elected to defer receipt of these shares until the end of service on the board of directors of 23andMe Holding Company pursuant to the 23andMe Holding Co. RSU Conversion and Deferral Program For Directors.
- 3. Under the the 23 and Me Holding Co. RSU Conversion and Deferral Program For Directors, the number of shares issued in lieu of cash retainer fees is determined by dividing the dollar amount of the cash retainer fees subject to the RSU Election by the trailing average closing price of a share of Class A common stock of the issuer on the Nasdaq Global Select Market for the 90 days preceding the date of issuance, with any fractional share rounded down to the nearest whole share.

Remarks:

/s/ Valerie Montgomery Rice,

08/29/2022 by Kathy Hibbs, attorney-in-

fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.